Do's and *don'ts* of Facebook courtship

metroVIEWS

Ottawa metro

Your essential daily news | MONDAY, JULY 25, 2016 | High 29°C/Low 18°C Chance of showers

Baby's last name

Gladstone & Semchuk = Semstone

metroLIFE

FATAL STABBING

Father's death leaves children orphaned metroNEWS

EMMA JACKSON/METRO

Carleton grad makes history at Oxford

POST-SECONDARY EDUCATION

Student the first African with a disability to be admitted

Haley Ritchie
Metro | Ottawa

Disabilities rights advocate Eddie Ndopu was born in South Africa and outlived a diagnosis that said he wouldn't live past the age of five — but he says it was Ottawa that made him the person he is today.

And today, the 25-year-old is making history: He is the first African with a disability to be accepted to the University of Oxford.

"The moment I got in I actually cried for an hour," Ndopu told Metro on the phone from Johannesburg.

Ndopu graduated from Carleton University in 2014 and credits the school with helping him find his "academic voice."

"I think Ottawa gave me so much agency to be everything that my imagination desired. I came out as a queer man in Ottawa, but I also developed a critical analysis of social justice," he said.

Ndopu has spinal muscular atrophy and uses an automatic wheelchair to get around. He also requires a full-time caregiver — something Oxford didn't account for when calculating his scholarship.

"That has been the biggest challenge," said Ndopu. "Being the first African with a disability ever to be admitted to the University of Oxford has really opened up the floodgates in terms of challenges."

> **The moment I got in I actually cried for an hour.**
> Eddie Ndopu

Ndopu has started an online fundraising campaign — #OxfordEddiecated — to raise around $46,000 CAD in order to pay the living expenses and immigration paperwork for his nurse and caregiver.

"It's not new, I'm 25 and for all of my life I've had to fight to be included. I've always had to think about where additional resources would come from to enable me to be integrated into society."

A lifetime of figuring that out is what led Ndopu to apply to Oxford, where he plans to study global public policy and start a nonprofit organization that will focus on reforming policies and changing minds about disabilities.

He recalls how emotional he was the day he learned he had been accepted to Oxford.

"It was in remembrance of the 90 per cent of children with disabilities across Africa and the rest of the developing world that don't have access whatsoever to basic education," he said.

"So in that moment I knew that this is much bigger than me. It means everything. It means possibility, it means that we have an opportunity to validate the full humanity of people with disabilities."

Eddie Ndopu YOUTUBE

The way you bank has changed. Has your account?

Switch to RBC® and stay on top of your money with a complimentary iPad mini 2*

Hurry! Offer now ends on Sept. 2nd! Visit rbc.com/ipadminioffer

RBC®

* To get an iPad mini 2, you must be a new Eligible Personal Client, open either an RBC Signature No Limit Banking account or RBC VIP Banking account during the Promotional Period, and complete the criteria by October 31, 2016. Conditions and restrictions apply. Offer available May 4 to September 2, 2016 but may be changed or withdrawn at any time without notice. For full details visit www.rbc.com/termsandconditions. ®/™ Trademark(s) of Royal Bank of Canada. RBC and Royal Bank are registered trademarks of Royal Bank of Canada.

— FREE REAL ESTATE EVENT —

FORTUNES IN FLIPPING

GET IN, GET OUT, GET PAID!

Be My Next Real Estate Millionaire

And Get Started on Making $5,000 - $50,000 a Month!

Nick Vertucci
Real Estate Expert, Mentor and Coach ...
is assembling an exclusive team of wealth builders in your area. He is ready to teach people like you how to make up to **$40,000 per deal** with his 3-step "Fortunes in Flipping" program.

As Seen On

I have so much I want to tell you. It's information that can help you break through quickly and start fulfilling your dream.

Transform Your Dreams into Reality!

Right now, people in the Ottawa area are making millions flipping houses. In fact, there's never been a better time to do it.

I'm holding a **FREE** event near you to tell you all about it. Let me teach you my surefire 3-step Fortunes in Flipping program ... and introduce you to your new mentors: trained real estate professionals who are actively investing in your market right now.

I'll Show You, Step-by-Step, How to Make Money Just Like I Do

I've built a real estate empire on my own. Nobody gave it to me. I took the fantastic opportunities North America provides, and I went out and got what I wanted. Now I want to give back by helping average, ordinary people – just like myself – **get a big piece of the pie.**

Some people don't think it's possible. After all, in the last five years, average homeowners have lost more money in real estate than ever before. But that doesn't faze me one bit because... During that same time period ... savvy investors (like my students and I) have made **MORE MONEY** in real estate than in any other time in our history.

We're now seeing the conditions in which **FORTUNES ARE MADE.** It all depends on which side of the market you're on. And I want to teach you how to be on the receiving end of massive wealth.

Discover the same methods my team's used to flip 800 houses so you can:

- **Earn $10,000 to $50,0000 per deal – in your spare time!**
- **Get access to seed money to start investing!**
- **Find exclusive properties for 40% off retail price!**

There's Only One Question

Will YOU seize the opportunity by coming to my FREE Real Estate Event? I'll show you exactly how you can do what I do, even if you don't think you have the experience or the money to get started.

All Attendees will receive VIP TECH packages.

- ✓ GPS Smart Watch
- ✓ Power Charger
- ✓ USB Flash Drive Loaded with Nick's Fortunes & Flipping Kit
- ✓ FREE Lunch or Dinner

FREE MEAL

Call NOW to Register 800-716-1936
or visit www.NickFlipsOttawa.com

REAL ESTATE ACADEMY
NICK VERTUCCI

GATINEAU-OTTAWA
THURSDAY, AUGUST 4
12pm or 6pm
Hilton Lac-Leamy
3 Boulevard Du Casino

OTTAWA
FRIDAY, AUGUST 5
12pm or 6pm
Marriott Hotel Ottawa
100 Kent Street

OTTAWA
SATURDAY, AUGUST 6
10am or 2pm
Hilton Garden Inn Ottawa Airport
2400 Alert Road

Here are just a few of the hundreds of investors whose lives have been changed by investing with Nick Vertucci Companies.

DON & ESTER JENSEN

Closed Sales - 10 closed deals
(including partnerships and wholesale)
Profits from Sales & Wholesale $228,750
"We have also made around 20k just in referral fees for Hard Money referrals"
Pending Sales - 4 Deals
On Market - 3 Deals
Deals Under Rehab - 4 Deals
Projected Profits - $2,650,000
That's 22 Deals total since they went to Bus Tour Sept 2014

MELVA & LEON

1st Property made $37,328
2nd Property made $52,865
3rd Property made $100,105
Total of $190,298 in profit in 6 months. Since then...
2 Cash Flow properties at $2,500/mth

JOHN COOKSEY

Attended Bus Tour Sept 2014
4 Properties purchased first 6 mths
1st Flip - profit $5,000
2nd Flip - profit $8,000
1 in construction - estimated profit $80,000
1 Commercial Property (4 commercial spaces, 17 residential) - estimated Cash Flow $34,000/mth
1 Purchased Duplex - $800/mth

Individual results may vary, some are better or worse because it depends on how much time, energy and money an individual puts into their real estate business. © 2016 NVCompanies. All Rights Reserved. Gifts and promotional materials may vary.

metro NEWS

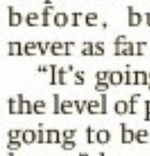
Your essential daily news

Convention chaos: groups of protesters make their voices heard as Democrats gather **World**

Soccer stars bound for City of Lights

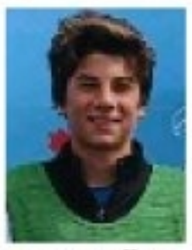
ACHIEVEMENT

Local players tapped for international tournament



Haley Ritchie
Metro | Ottawa

All eyes might be on the Team Canada headed to Rio in August but a smaller and just as enthusiastic Team Canada composed of pre-teen soccer stars is headed to Paris in October.



Marcus Allan
CONTRIBUTED

Claire Rea
CONTRIBUTED

Ottawa soccer players Marcus Allan, and Claire Rea, both 11, are on the team headed for the 2016 Danone Nations Cup World Final, a international soccer competition for kids aged 10 to 12.

"It's a really big trip. I'm feeling excited, really excited," said Allan, who said he's been on plane rides before, but never as far as Europe.

"It's going to be fun to see the level of play but I think it's going to be a really big challenge," he said. "Basically this is the start of my soccer career. I love soccer and I'm going to keep playing it."

Marcus Allan and Claire Rea are part of this team headed for the 2016 Danone Nations Cup World Final. CONTRIBUTED

"This is probably the biggest game I've played," said Rea. Her advice to other athletes who want to join Canada includes, "Just play hard and give it your all.

"You have to stretch and be mentally prepared, rest, and eat well."

Rea and Allan will meet up with the rest of their team in Toronto before departing for Paris on Oct. 11. In Paris they'll be training with head coach Dean Howie and assistant coach Patrick Leduc. Then it'll be time to take part in the opening ceremony and play in the tournament against children from around the world.

"It's an opportunity that a lot of kids will never get — to go to another country and interact with kids around the world," said Catherine Rea, Claire's mother. "Soccer is a universal sport so it's nice that even if they don't speak the same language, all the kids will just pick up, play soccer together, and laugh and have fun."

The 12-player team also includes one child from Alberta, two from Quebec and seven from the Greater Toronto Area.

St. Lawrence College Employment Service | Service d'emploi

Never Worked?

Are you between 15 and 29?

Drop in! St. Lawrence College Employment Service

71 Bank Street, 5th Floor, Ottawa, ON 613-232-0022 www.employmentservice.sl.on.ca

Police ID 36-year-old father as victim in west-end attack

VIOLENT CRIME

Fatal stabbing marks the city's 10th homicide so far in 2016

Emma Jackson
Metro | Ottawa

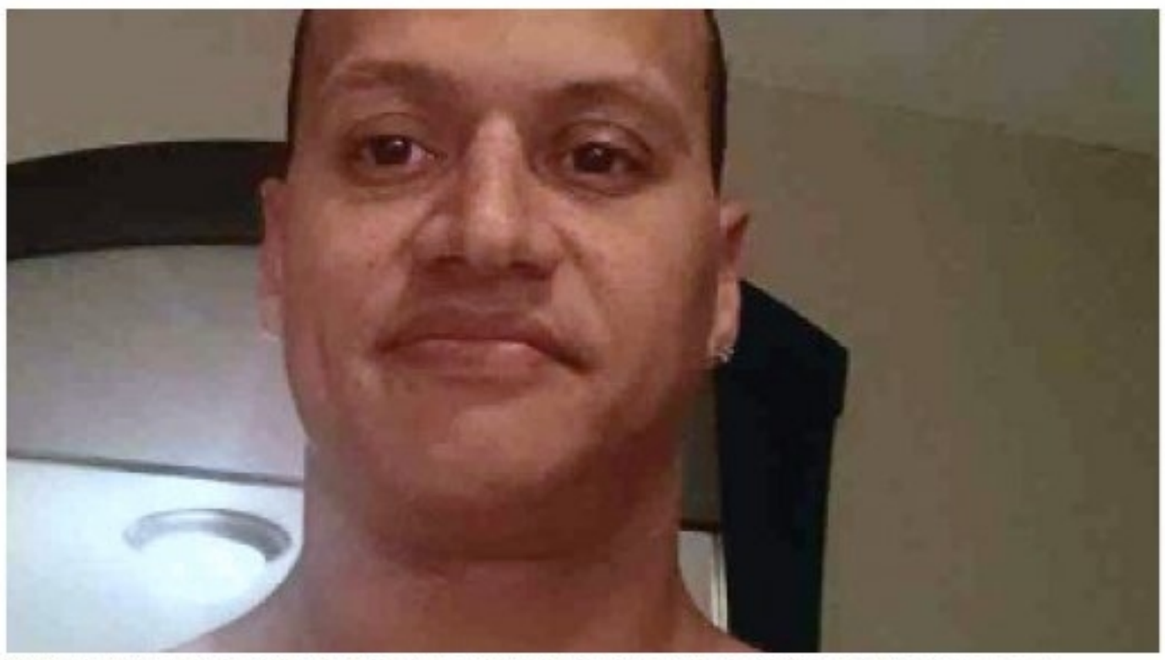
Police are investigating the tenth homicide of the year after a fatal stabbing in the west-end.

Police said Jeremy Mack, 36, died in hospital from his injuries after a violent attack near Lincoln Fields on Saturday afternoon.

Around 4:48 p.m. police responded to multiple 911 calls at 2 Winthrop Private describing a man had either been shot or stabbed in the neck.

Paramedics arrived to find a man had been seriously injured by a stabbing, not a gun wound.

Mack was transported to hospital with life-threatening injuries. He died in hospital.



Father of two Jeremy Mack died in hospital after an attack near Lincoln Fields. FACEBOOK

One male was arrested on scene.

Mack's cousin, who asked not to be named, lives in the same housing complex and said he had just been out shopping with Mack shortly before the incident. Planning to hang out again that afternoon, the cousin said, "I'll see you soon" as they went into their separate rowhouse units.

Minutes later, Mack was dying on the street outside, the cousin said.

"To see him go out like that, it's not nice," he said.

Mack had experienced "a lot of tragedy," the cousin said, including the death of Jasmine Gagnon, his partner and the mother of his child, in January of this year.

According to posts on his Facebook profile, Mack is survived by two children, his six-year-old daughter and Gagnon's 16-year-old son from a previous relationship.

"My heart aches now," wrote Mike Young in a condolences post.

"No one deserves to loss (sic) both parent in such a short period of time."

INFORMATION

Anyone with information regarding this homicide investigation is asked to call Ottawa Police's Major Crime Section at 613-236-1222, ext. 5493.

Anonymous tips can be submitted by calling Crime Stoppers toll free at 1-800-222-8477 (TIPS), or by downloading the Ottawa Police app.

CENTRETOWN

Police seek info on fatal collision

The Ottawa Police have identified the pedestrian killed Friday afternoon in Centretown as Ottawa resident Brian Thompson.

The 53-year-old was hit by a pickup truck near the corner of Somerset Street West and Rochester Street around 2:15 p.m. police said. He died of his injuries, and the police collision unit is now investigating.

According to police, Thompson had come out of a nearby laundromat, and had no identification on him when he was struck. He was without vital signs when he was sent to the Ottawa Hospital's trauma centre.

Police appealed to the public to help identify him, and was identified by family the next day. Police released Thompson's identity at the request of the family.

Anyone with information regarding this collision is asked to contact the Ottawa Police collision investigation unit at 613-236-1222, ext. 2481.

EMMA JACKSON/ FOR METRO

SPECIAL INVESTIGATIONS UNIT

Sunday morning arrest was 'gross overreaction': Witness

The Ottawa Police's "shocking" arrest of a man Sunday morning was "a gross overreaction," according to one witness.

Shukri Samater said she watched the incident from her bedroom window on Hilda Street in Hintonburg.

She said police deployed what she believed to be pepper spray on her neighbour on the street before handcuffing him and striking him once with a baton.

The Special Investigations Unit said Sunday it is now investigating the incident, after he ended up in hospital in critical condition after suffering "medical distress" during the confrontation.

Paramedics treat a man outside 55 Hilda St.
PHOTO COURTESY SHUKRI SAMATER

According to Samater, officers had chased him down after responding to Fairmont Avenue and Wellington Street West around 10:30 a.m., she said.

"He saw the police and he got scared," she said. "He ran home."

Police caught up to him outside his apartment building at 55 Hilda St. According to Samater, the officers yelled "Don't move" at the man three times before subduing him.

Neighbours were yelling at police that he had a mental illness and a language barrier, and couldn't understand the officers' instruction, according to Samater.

She said the officers kneeled on the back of his head and told bystanders not to call paramedics. Samater said there was blood on his head and arms, and he wasn't resisting.

"That was the most disturbing part of it all, what happened after he was handcuffed," Samater said.

"He was bleeding from the back of his head."

Paramedics later arrived on scene and tried to resuscitate him before taking him away in an ambulance, Samater said.

Samater said she's "shocked" by the police response.

The SIU is urging witnesses to call 1-800-787-8529 to assist in the investigation.

> That was the most disturbing part. He was bleeding from the back of his head. Shukri Samater

EMMA JACKSON/ FOR METRO

Andrea McCrady, the official Dominion Carillonneur at the Peace Tower, peeks out from the Chime Master Mobile Millennium Carillon. LUCY SCHOLEY/METRO

WEATHER

Summer heat expected to last for weeks

Good news for Ottawa sunbathers who soaked up last week's heat wave: expect more warmth in the second half of the summer.

Dave Phillips, Environment Canada's senior climatologist, is predicting a "normal to slightly warmer than normal" August for the Ottawa Valley.

"This is not the end of the days above 30," he said.

So far, Ottawa has had more hot days this summer compared to last year, although we have yet to see a record-breaking heat wave.

Between May and July, Ottawa recorded 15 days of above-30 C temperatures compared to just five days this time last year.

With nighttime lows of 17 or 18 C, the heat is also relatively less suffocating. Up until Friday — a 38-degrees-with-humidex day — temperatures were reminiscent of a dry Arizona heat.

Also, the warmth has arrived in spurts, with cooler reprieves in the mid-to-low-20s.

The rest of North America is experiencing a heat wave, too.

"It's a heat dome that's sitting right over top of us," said Phillips. "It's over the eastern half of the continent. It's like putting the Roger's Centre or the SkyDome right over top of a big chunk of geography and just not allowing any of that hot air to escape to space."

Splitting the country down the middle, the western half is experiencing a cooler, wetter season, compared to the east coast.

After summer vacations dry up, cottagers may want to hold off on closing up for the season.

September should be "warmer than normal across the whole country," said Phillips.

In the shorter-term forecast, Ottawa temperatures should dip down to the high-20s this coming week. LUCY SCHOLEY/METRO

Huge piano goes on tour

MUSIC

Chime Master is continent's largest mobile carillon

Lucy Scholey
Metro | Ottawa

It's hard to imagine a 26,000-pound bell piano travelling on the flatbed trailer of a big transport truck.

But the Chime Master Mobile Millennium Carillon was recently parked outside the Centre Block, the sounds of its 48 bronze bells ringing across the Parliament Hill lawn.

Rather than crane their necks up at the Peace Tower, where the bells chime every weekday, tourists stopped to gawk and take selfies with the mobile, mechanical machine.

They were either watching Andrea McCrady, the official Dominion Carillonneur of the Peace Tower since 2008, or one of her students tap the wooden keyboard and pedals.

Their typical carillon is a gargantuan, organ-like instrument permanently installed in churches and universities.

But this Chime Master, stopping in Ottawa this week as part of a North American summer tour, is the continent's largest mobile carillon. It's a rare treat for McCrady and passers-by alike.

"People don't have a clue what we're doing up there," said McCrady, who also teaches the carillon in conjunction with Carleton University. "They just think it's a recording coming out of the tower. We're quite anonymous because we're up in a tower playing a stationary instrument. This instrument is much — in scale — smaller, so it can be moved around and participate in very versatile ways."

Last Friday, two of McCrady's students, Jennifer Moore and Elisa Tersigni, were testing out the mobile carillon. To play, the carillonneur holds her hands like a drummer, but without the drumsticks to tap the wooden keys. McCrady likens the mobile carillon to a snare drum, compared to the Peace Tower's bass drum.

They practiced carillon preludes and a Cape Breton fiddling tune McCrady modified for the mammoth instrument.

"We can play everything from Renaissance to hip hop," McCrady said, but her favourite tune is O Canada, which she plays every day.

The Chime Master will next stop at the Rideau Hall for the Ottawa Chamberfest, where McCrady and her Carleton student Devon Hansen will play. Guest recitalists will play at the festival on Aug. 1 and 2.

From there, the Chime Master will head to the Carleton Jazz Camp on Aug. 10, where McCrady and her students will let campers test it out. The Ottawa tour ends at the Carp Farmers' Market on Aug. 13.

> **We can play everything from Renaissance to hip hop.**
> Andrea McCrady

Wherever adventure calls, so can you.

Whether you're heading up to the lake or doubling down in Las Vegas, stay connected this summer with a plan that goes everywhere you do.

The Everywhere Plan

WIND Home Network:
- Now get 5GB of data (limited time only)
- Unlimited Canada/U.S. calling
- Unlimited global texting
- Unlimited Canada/U.S. picture/video messaging
- International calling from 1¢/minute

WIND Away (from anywhere in Canada/U.S.):
- 5¢/MB pay-per-use data
- 2400 minutes of calling to Canada and the U.S.
- Unlimited global texting

ONLY $40/mo
FOR 10 MONTHS. OFFER ENDS SOON.

WIND

Learn more at windmobile.ca. Offer valid from June 16, 2016 to August 1, 2016. This offer is subject to change or cancellation without notice. To be eligible for the $50 bonus, you must activate a new Pay Before or Pay After line on a plan with a monthly charge of $40 or higher. A $5 monthly credit will be applied to your account for up to 10 months to a maximum of $50. For Pay Before customers, the top-up will start to be applied to their account on the 17th of the month, prior to their third top-up date. For Pay After customers the credit start to be applied on the second bill after activation. May not be combined with any other in-market offer, with the exception of the Bring Your Own Device service credit, Better Together Savings and Refer-A-Friend program. The Everywhere 45 Plan is available for Ontario, Alberta and British Columbia customers only who live within the WIND Network coverage area postal codes. The majority of your usage (talk) on the Everywhere 45 plan is intended to be used on the WIND network. All services subject to WIND's Terms of Service, Fair Usage Policy and Internet Traffic Management Policy are for personal use by an individual. Applicable taxes extra. Additional terms and conditions apply. Samsung and Samsung Galaxy S7 are trademarks of Samsung Electronics Canada, Inc. and/or its related entities used with permission. Screen images simulated. WIND, WIND MOBILE and TRUE MOBILE FREEDOM are trademarks of Wind Telecomunicazioni S.p.A and are used under licence in Canada by WIND Mobile Corp. © 2016 WIND Mobile.

Judy DaSilva from Grassy Narrows suffers from mercury poisoning. TODD KOROL/TORSTAR NEWS SERVICE

Board approves mercury claims

PUBLIC HEALTH

Poison slowly devastated Grassy Narrows First Nation

For more than 40 years the mercury has percolated through river sediment, the food chain and generations of residents.

From 100 kilometres upstream, the slow, steady drip of the neurotoxin first killed a community's livelihood and then contaminated its people.

A disability board — set up by government officials in the mid-1980s to compensate those who can show doctors they suffer symptoms consistent with mercury poisoning — has approved claims from more than 300 applicants who suffer from tremors, loss of muscle co-ordination, slurred speech and tunnel vision.

One of them was Marlin Kokopenace's 17-year-old son, Calvin.

"(Calvin) was pretty frail. When he passed on he practically had no muscle," Marlin Kokopenace said, adding: "Me, I lose my balance at times. When I'm walking, sometimes I feel like I sidestep . . . (And) I get tremors, sometimes, in my hands."

His father said Calvin never crawled as a baby, did not walk until age three, had poor balance and symptoms of autism, and that the compensation board found he had mercury poisoning symptoms. Calvin also suffered from muscular dystrophy, and complications of the degenerative condition caused his death in November 2014. Marlin believes mercury contributed to the disease.

"But never did I ever think that I was going to lose a second child to this."

In April of this year, Calvin's 14-year-old sister, Azraya, died in the woods near Kenora. "She took her own life, apparently," Marlin said. "After my son died . . . she went through severe depression."

The mercury poisoning of the residents of Grassy Narrows and the fish they eat has been well documented after the old Dryden pulp and paper mill, operated then by Reed Paper, dumped 10 tonnes of mercury into the Wabigoon-English River system between 1962 and 1970.

The rivers and lakes were contaminated for at least 250 km, according to a report by the disability board.

Mercury has historically been used in the production of thermometers, paint, tooth fillings and, at the Dryden mill in the 1960s, the process that bleached pulp for paper.

The metal does not break down in the environment and can build up in living things, known as bioaccumulation, "inflicting increasing levels of harm on higher order species," according to Environment and Climate Change Canada.

Bacteria that thrive in wet, low-oxygen environments such as lake bottoms turn mercury into its most toxic form, methylmercury. The methylmercury migrates up the food chain to fish and then the locals who eat the fish.

Absorbed through the digestive tract, methylmercury "readily enters the brain" where it can remain for a long time, according to Health Canada. In a pregnant woman, it can build in the fetal brain and other tissues.

In Grassy Narrows, Judy Da Silva, a member of the First Nation, recalled how in the 1960s residents first noticed dead fish floating to the surface.

Turkey vultures started to fly as if they were drunk and the otter and mink disappeared. The locals, who'd built a livelihood as fishing and hunting guides, were told to stop eating the fish, though one said the tourist camp operators encouraged guides to keep eating the fish to show the guests it was safe.

The robust fishing tourism industry, especially at famous Ball Lake Lodge, was decimated. The fishermen and guides went on welfare. TORSTAR NEWS SERVICE

REPORT

- In late May, a provincial government-funded report commissioned by Grassy Narrows was released. It cautioned that despite the passage of time, mercury levels in sediments and fish downstream are still dangerously high. Recent tests show one meal of walleye from Clay Lake contains up to 150 times the safe dose of mercury recommended by the U.S. Environmental Protection Agency.
- Last month, two provincial government ministers visited the community to discuss more water tests and cleanup options. The government pledged $300,000 to support water, sediment and fish sampling in a stretch of river that Grassy Narrows Council has identified as a top priority.

MORE ONLINE metronews.ca

OTTAWA • SMITHS FALLS • ARNPRIOR
Willis College graduates get 100% placement in direct field of study.
Where will you be in one year from now? Get a career that will change your life!
1. START WITH THE WILLIS ADVANTAGE
150 years of success. Downtown Ottawa Campus. Co-op with Fortune 500 companies.
Join the thousands of our graduates who enjoy rewarding and fulfilling careers.
2. GET HELP WITH FINANCING
Come explore your many options of financing available to help. Contact us to find out more.
3. GET THE CAREER YOU'VE DREAMED OF
ADVANCED NETWORK SECURITY PROFESSIONAL DIPLOMA PROGRAM
Starting Dates: May 30th and June 13th
WILLIS COLLEGE
Book an appointment with a career advisor.
Phone: 613-233-1128
Toll free: 1-877-233-1128
Email: info@williscollege.com
Online: williscollege.com

TURKEY

Canadian accused of helping plot coup

Brodie Thomas
Metro | Calgary

Family and friends of a Calgary imam who has been detained in Turkey say they are worried for his safety, as well as that of his wife and two children.

Davud Hanci is being detained by police in Turkey. Local media reports accuse him of helping with an unsuccessful coup attempt on July 15.

Ruveyda Durmus, Hanci's sister-in-law, said Turkish media have reported he arrived on July 13 when in fact he arrived there July 7 to see his ailing father.

Hanci had brought his wife, Rumeysa, and their two sons, aged 9 and 8, to see his father one final time. Durmus said her sister and the two children are not being detained at the moment, but they are afraid.

"I am trying to get help from the Canadian government," said Durmus. "They told me because he has dual citizenship, it's complicated."

The Canadian government has offered assistance in getting Hanci's family back to Canada, but they are hesitant to leave without Hanci.

"We are so worried," said Durmus. "We cannot go to Turkey; they might arrest us too."

Turkish President Recep Erdogan has accused an exiled religious leader named Fethullah Gulen of organizing the coup.

Gulen resides in Pennsylvania, where he runs a retreat centre devoted to spreading the word of the Hizmet Movement.

Calgary imam Davud Hanci CONTRIBUTED

Turkish media reports are painting Hanci as a right-hand-man to Gulen, but Malik Muradov, executive director of the Intercultural Dialogue Institute of Calgary, said there's no truth to those reports.

"He has nothing to do with the coup, nor would he approve of it," said Muradov.

He said a photo that reportedly shows Hanci with Gulen is not actually Hanci.

Hanci works as an imam for Corrections Canada and Alberta Government Correctional Services, according to Muradov, who added that he is also volunteers much of his time to the Turkish community.

Muradov said he personally has been to Gulen's retreat centre for workshops, and that the Hizmet Movement is about promoting education, interfaith dialogue, and peace.

Muradov said while Hanci undoubtedly is familiar with Gulen, it is unlikely that Gulen would know Hanci.

> **We cannot go to Turkey; (the police) might arrest us too.**
> Ruveyda Durmus, Davud Hanci's sister-in-law

Day camp a crash course in culture

SYRIAN REFUGEES

Fun and games help youngsters acclimatize to new country

Syrian refugee children take part in activities indoors and out while attending H.appi camp in Toronto on July 12. CHRIS YOUNG/THE CANADIAN PRESS

It's a familiar chant belted out at summer camps across the continent, but the call-and-response uttered at one Toronto day camp on a sticky July day is hesitant, even shy.

"I don't know what you've been told!" an eager counsellor bellows in sing-song fashion at a group of young Syrian refugees.

"H.appi Campers cheers the most," her wary charges mumble back in broken English.

It takes a moment for the middle-schoolers to grasp this peculiar game, but three tries later, they gel into a more-or-less unified chorus.

"Five! Six! Seven! Eight! Weeeeeeee're great!" they holler, letting loose with exuberant cheers.

The fun and games at this day camp are more than just a rite of passage for these new Canadians, they're a key step in easing their transition into a strange country with unfamiliar customs.

H.appi Camper founder Mazen El-Baba says he tried to design a getaway that would offer the staples of any typical North American summer camp: drama, arts and crafts, and sports.

But it would also offer much-needed lessons tailored to the specific needs of young Syrian refugees: intensive literacy classes, a crash course in Canadian cultural norms, and self-esteem exercises.

That last goal is possibly the most challenging, given the fact that most of these war-weary children — 75 in all, ranging in age from five to 15 — have been through horrific traumas.

El-Baba says it's hard to know exactly how these kids are suffering because they have not been formally diagnosed with behavioural or mental-health issues. But they clearly bear the scars.

When confronted with something they've done wrong, it's not uncommon to hear a frustrated camper say, "I should go kill myself" or "I should go stab myself or shoot myself," says El-Baba.

"I'm not sure if they actually understand it because you're hearing that from an eight-year-old, you're hearing that from a nine-year-old," he adds.

"An eight-year-old and nine-year-old saying that, 'I want to stab myself,' it's really hard to hear that. It's like, 'Wow, OK, let's talk more about it.' That's some of the things we see."

Activities were designed with the help of mental-health professionals, family doctors, social workers and crisis-intervention professionals. Every week, each counsellor meets with three mental-health experts to discuss behavioural problems they've observed.

But this is not a counselling camp, stresses El-Baba. The biggest goal is to let these kids be kids, and have the opportunity to let loose and have fun.

Soft-spoken 11-year-old Hanin Jaamour says she's learning a lot, and that's easing some of her anxiety about attending school in the fall.

She and her family landed in Toronto in February, and she went to school for three months. But she didn't like it at all.

"Everything is different," she says in Arabic, with El-Baba translating.

She's excited about entering Grade 6, but she's also scared.

"This year it's going to be harder for English because we're going to be learning more things," she frets.

"Here it's a very diverse culture, you have many people coming from various different countries and backgrounds and religions. Back home we don't have the mixing of boys and girls and this is completely new, which is amazing."

THE CANADIAN PRESS

THUNDER BAY

Art honours dead students

The day after 145 inquest recommendations were released on the deaths of seven indigenous students in Thunder Bay, Ont., Christian Morrisseau woke at 4 a.m., overwhelmed with grief.

Morrisseau's 17-year-old son, Kyle, was one of the seven who died between 2000 to 2011 while they were away attending school.

Kyle's body was pulled from the McIntyre River in Thunder Bay on Nov. 10, 2009. A coroner's inquest ruled on June 28 that Kyle's death was "undetermined," leaving the family with few answers as to what happened.

Morrisseau, 46, who learned to paint at the hand of his father, Canada's great Ojibwa artist Norval Morrisseau, felt he had to do something to honour the memory of his son and the six other students. He spent the next few days painting, non-stop, a gigantic canvas he entitled Seven Fallen Feathers.

The painting captures the students' passage into the spirit world, guided by the family members who have gone before them.

Morrisseau is now working to present the painting as a gift to Prime Minister Justin Trudeau and the people of Canada.

Seven Fallen Feathers by Morrisseau. CONTRIBUTED

"My son made a spiritual sacrifice," Morrisseau said. "He gave up his spirit so no student or parents would go through what he did. That is how I think of what happened to my son."

TORSTAR NEWS SERVICE

AIR CANADA

Flight delayed for two days finally arrives

An Air Canada flight that saw passengers stranded in Manchester, England, for two days landed in Toronto on Sunday afternoon.

The airline said it will be in touch with the affected customers for a full refund.

An Air Canada spokeswoman called it an "unfortunate situation" caused by mechanical problems as well as crew duty restrictions.

THE CANADIAN PRESS

SASKATCHEWAN OIL SPILL

City builds lifeline hose to clean water

Officials in Saskatchewan say a riverside city whose water supply is threatened by an oil pipeline spill is building a hose, dozens of kilometres long, to draw water from another river.

Sam Ferris with Saskatchewan's water security agency said Prince Albert is constructing a line to the South Saskatchewan River, between 20 and 30 kilometres away.

The city of more than 35,000 has been preparing to shut its regular water intakes on the North Saskatchewan River following a spill upstream of between 200,000 and 250,000 litres of crude oil and other material at a Husky Energy Pipeline near Maidstone, Sask.

Prince Albert's city manager, Jim Toye, said the water line will be functioning later this week and will utilize 30 pumps, each with 400 horsepower.

"We understand the water situation could be as long as two months," Toye said.

THE CANADIAN PRESS

1 Activists including hundreds of environmentalists and Bernie Sanders supporters march through downtown Philadelphia before the start of the Democratic National Convention on Sunday. JEFF J MITCHELL/GETTY IMAGES

2 A man dressed like author Hunter S. Thompson holds a sign. JEFF J MITCHELL/GETTY IMAGES

3 Supporters of Sen. Bernie Sanders make their voices heard. JOHN MINCHILLO/THE ASSOCIATED PRESS

4 Environmentalists march through downtown. JEFF J MITCHELL/GETTY IMAGES

Discord in Philadelphia

DEMOCRATIC CONVENTION

Opposition to Clinton makes itself heard

Republicans who dislike Donald Trump were mostly discreet at last week's nominating convention. They grumbled in private conversations, expressed their unease through hand gestures, or jeered a procedural call by party brass.

It's noisier on the left.

The progressive brigade that refuses to march behind Hillary Clinton is loud, proud and in the streets at the Democratic convention. What was ostensibly a march for climate change Sunday included plenty of T-shirts for her primary opponent Bernie Sanders, for the Green party's Jill Stein, and little discernible trace of support for her.

In fact, there appeared to be a greater number of anti-Clinton protest signs like "Not With Her" and "Never Hillary," in a visual demonstration of the challenge ahead for Clinton in uniting progressive voters.

That difficulty was underscored inside the official convention too. The party chair who supports Clinton was forced to resign, pushed out by the leak of emails showing an institutional bias during the primaries. There were also whispers about a possible convention protest against Clinton's choice of vice-presidential running mate.

> We are not going to vote for the lesser of two evils.
> Valerie Duhl from Florida

And then there are voters like Valerie Duhl.

She's a Floridian who's supported Democrats for 22 years, but not this time. At a rally Sunday for an assortment of environmental causes like opposition to oil pipelines, fracking, and other issues like genetically modified food and the Trans-Pacific Partnership trade deal, she said she's done.

When asked whether she worried that her choice might help deliver Florida to Donald Trump — and with it, the presidency — she didn't hesitate for a second.

"No," Duhl said.

"We are not going to vote for the lesser of two evils. We are going to vote for principles. We don't vote out of fear... I will not vote out of fear."

She's among those hoping Sanders pulls off some convention miracle and becomes the nominee. Assuming that doesn't happen — a safe bet — she said she'll vote for the Green party's Jill Stein. THE ASSOCIATED PRESS

MEXICO

Second mayor shot to death in as many days

The mayor of a town in one of Mexico's most violent drug corridors was shot to death, the second mayor killed in Mexico in two days. Ambrosio Soto was mayor of a township that includes Ciudad Altamirano, a known haven for drug traffickers in southern Guerrero state.

Roberto Alvarez, spokesman for southern Guerrero state, said Sunday that gunmen blocked a highway just over the state line in neighbouring Michoacan state with pickup trucks and opened fire on the mayor's vehicle late Saturday. He said two federal officers serving as Soto's bodyguards were wounded in the attack. THE ASSOCIATED PRESS

GERMANY

Portrait of Munich murderer emerges

The teenager behind the deadly shooting rampage in Munich was a withdrawn loner obsessed with playing "killer" video games in his bedroom, a victim of bullying who suffered from panic attacks set off by contacts with other people, investigators said Sunday, adding that he had planned the attack for a year.

Law enforcement officials piecing together a portrait of the 18-year-old shooter said he was seeing a doctor up to last month for treatment of depression and psychiatric problems that began in 2015 with inpatient hospital care followed by outpatient visits.

They said medication for his problems had been found his room. But toxicological and autopsy results were still not available, so it's not yet clear whether he was taking the medicine when he went on his shooting rampage Friday, killing nine people and leaving dozens wounded.

People mourn on Sunday in front of the Olympia Einkaufszentrum shopping centre in Munich, Germany, where an 18-year-old went on a killing spree. CHRISTOF STACHE/AFP/GETTY IMAGES

The 18-year-old German-Iranian, identified only as David S. due to Germany privacy laws, had earlier been described by investigators as being bullied by schoolmates at least once four years ago and being fascinated by previous mass shootings. But none of those killed were known to him, investigators said. THE ASSOCIATED PRESS

GERMAN VIOLENCE

Explosion: Police in the southern German city of Ansbach said Monday a man was killed when an explosive device he was believed to be carrying went off near an open-air music festival, injuring 10 others.

Machete attack: A Syrian man killed a woman with a machete and wounded two others Sunday outside a bus station in the southwestern German city of Reutlingen before being arrested. Police said there were no indications pointing to terrorism.

TERRORISM

Afghans mourn 80 killed

Afghanistan marked a national day of mourning on Sunday, a day after a suicide bomber killed at least 80 people who were taking part in a peaceful demonstration in Kabul. The attack was claimed by Daesh.

Authorities say another 231 people were wounded, some seriously, in the bombing Saturday afternoon on a march by members of the ethnic Hazara community, who are predominantly Shiite Muslim. Most Afghans are Sunni, and Daesh regards Shiites as apostates.

The attack was the first by IS on Kabul — and the capital's worst since a vicious Taliban insurgency began 15 years ago — raising concerns about the group's reach and capability in Afghanistan.

Bereaved families collected their dead from hospitals and morgues across the capital, and began digging graves as the first funerals went ahead in the west of the capital.

Many people chose to bury their dead together with others — rather than in traditional family plots — encouraged by organizers of the Saturday demonstration, who call themselves the Enlighten Movement. In a hilltop graveyard in the Surkh Abad suburb of south-western Kabul, hundreds of people, most of them men, braved high winds and swirling dust to conduct the Shiite funeral rites.

Simple wooden coffins covered in the green Shiite flag were carried by men on their shoulders and lowered into graves that relatives had dug themselves with shovels.

In the city's west, in Omaid-a-Sabz, the grieving chose to bury their dead side by side in long rows. Mullah Mohammad Hassan Rasat said the Hazara people felt a deep sense of injustice and anger that the government had not kept its election promise to ensure that development was equal for all Afghan ethnic groups.

"Our people only want justice and equal development for all," he said. THE ASSOCIATED PRESS

Hazara women protest in Quetta, Pakistan, on Sunday. BANARAS KHAN/AFP/GETTY IMAGES

Tech even bigger than it appeared

ECONOMY

Sector exceeds even finance and insurance, study found

Canada's high-tech sector is much bigger than thought, extending beyond just information and communications technology to play a greater role in the overall economy, a new report says.

"Professions that 10 or 20 years ago may not have been considered high-tech are now moving into areas where they are essentially becoming high-tech workers," said Sean Mullin, executive director of the Brookfield Institute for innovation and entrepreneurship at Ryerson University.

The institute released The State of Canadian Tech Sector on Monday, which analyzes data, looking at jobs across different sectors to determine which should be categorized as high-tech.

BY THE NUMBERS

$117B

The tech sector, which includes 71,000 firms, generated $117 billion of Canada's total $1.65 trillion GDP last year.

2/3

More than two-thirds of those firms are small operations with fewer than four employees.

Using methodologies developed by U.S. Bureau of Labor Statistics and Nesta, a U.K.-based innovation charity, the institute developed a custom definition for Canada — mapping and identifying tech occupations and industries.

If the number of tech jobs exceeded 15 per cent in an industry, more than three times the national average, it was considered a member of the tech sector.

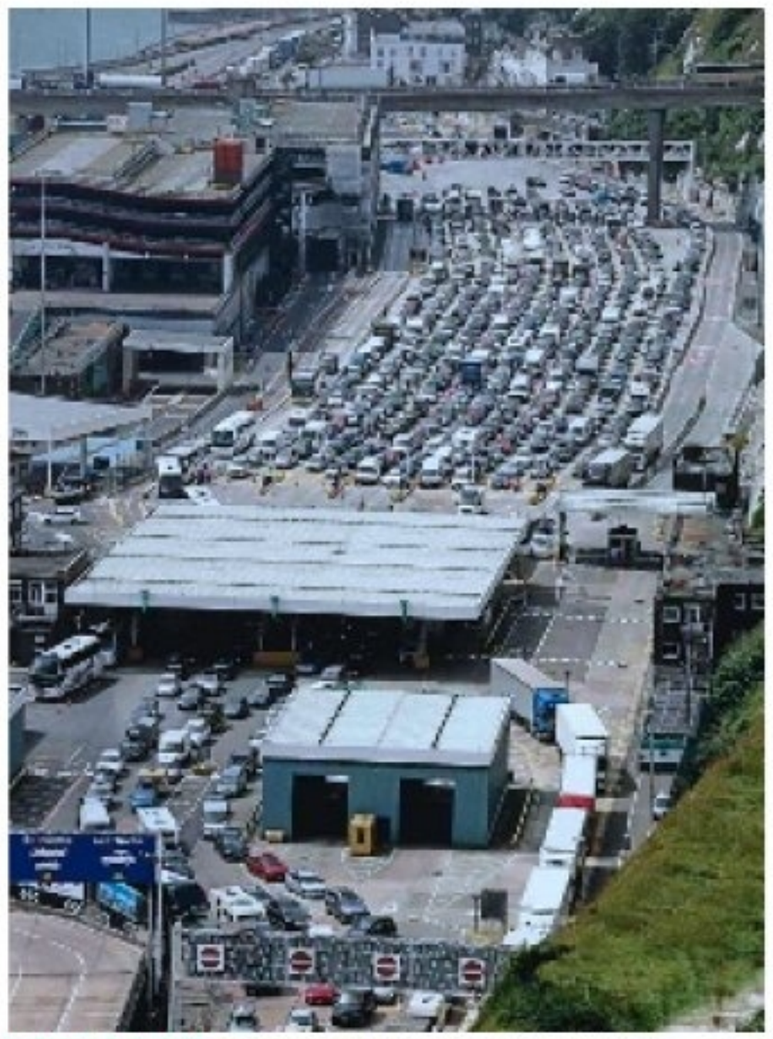
It found 864,000 employees across Canada are high-tech workers, or 5.6 per cent of total employment in 2015.

In terms of private-sector investment in research and development, the tech sector was the largest at $9.1 billion.

That translates into 7.1 per cent of real economic output — with the next closest sector in terms of output was finance and insurance — but was exceeded by construction, mining, manufacturing and real estate sectors.

Urban centres had higher concentration of tech professionals, as expected. But surprisingly, Toronto and Vancouver came in above the Kitchener-Waterloo-Cambridge area in terms of tech sector concentration.

TORSTAR NEWS SERVICE



DOVER DELAYS TRAFFIC TO FRANCE DISRUPTED Expanded security checks at the French border causes gigantic backups at the Port of Dover in southern England on Sunday as holiday travellers and commercial vehicles try to cross the English Channel into France. Some motorists were forced to spend the night in their cars after getting stuck in jams leading to the port. YUI MOK-PA/THE ASSOCIATED PRESS

IN BRIEF

Verizon buying Yahoo for $5 billion, reports say

Verizon has agreed to buy Yahoo Inc. for roughly $5 billion US, according to multiple media reports. Yahoo is expected to sell its email service and news, finance and sports websites in addition to its advertising tools under pressure from shareholders fed up with a downturn in the company's revenue during the past eight years.

THE ASSOCIATED PRESS

Pokémon Go catches wrath of Egypt cleric

A leading Egyptian Sunni Muslim cleric has warned against the dangers of playing too much Pokémon Go. Abbas Shumman, the deputy sheikh of Egypt's Al-Azhar institute, said the wildly popular mobile phone game "makes people busy with it, ignoring their main work and it might also put them in danger," but says there is no problem with people playing it in moderation if they are at home or in a safe place.

THE ASSOCIATED PRESS

SHARING ECONOMY

Airbnb sues hometown over regulations

San Francisco wants people who rent out their homes through Airbnb and other online platforms to follow some rules, and it wants the platforms to advertise only those rule-abiding listings — or face steep fines.

That means Airbnb and others must stick to advertising San Francisco hosts who have registered with the city and haven't exceeded the number of nights they're allowed to rent. The penalty? Platforms can be fined up to $1,000 a day per violation.

Now, Airbnb is suing its hometown, arguing that it's not responsible for making sure hosts follow city rules and that San Francisco, the place that birthed some of the world's most innovative startups, is undermining a bedrock principle that allowed those companies to flourish in the first place.

In its federal lawsuit filed in June, Airbnb states San Francisco's ordinance violates a federal law that has long shielded websites such as Facebook and YouTube from responsibility for information posted by users. In this case, it's the legality of vacation listings.

THE ASSOCIATED PRESS

iMARKETING

CALL CENTRE SALES AGENTS NEEDED

NOW HIRING

EXPERIENCED SALES STAFF

- Earn up to $700+ a week with guaranteed hourly wage + daily and weekly performance bonuses.
- Flexi schedule for top performers
- Paid every Friday
- New state of the art call centre.. great location
- Advancement opportunities
- Full time and Part time available
- Seniors and Students welcome

FLUENT ENGLISH IS A MUST!
Contact Chris Flores at 1-800-210-8579 ext 383
Email: Christian.flores@imkgp.com

metro

Tell us how you really feel.

Join our online reader panel and help make your Metro even better.
metronews.ca/panel

BUSINESS OPPORTUNITY

The Blind Spot
Serving Canada Since 1982

With over 100 areas being serviced across Canada, we are looking for
"NEW DEALERS"
Window Blinds & Shutters
Possible Six Figure + Earning Potential

- No Royalties • Home Based Business • Very Large Areas
- No Inventory • Very Small Investment • Lucrative

...Desired Profile... "Persons Too Young To Retire"
Ontario Locations • www.theblindspot.ca

We Support Children of OPERATION SMILE 1-800-290-6972

EAZY CA$H

LOANS

613-274-7363

www.eazycash.ca

metro VIEWS
Your essential daily news
Monday, July 25, 2016

URBAN ETIQUETTE ELLEN VANSTONE

THE QUESTION

I want to romantically pursue a friend of a friend on Facebook. How do I make the first move? Should I directly message the one I'm interested in, or should I wait to confer with my friend?

Hello Ellen,

I need advice about Facebook relationships. I have a friend (I'll call her "AA") who has a friend (I'll call her "BB") that caught my attention. I messaged AA asking whether or not BB is single, but got no response. A couple of days later I noticed AA "liked" some photos that BB posted on Facebook. Should I send a message to BB to get a conversation going? I won't ask whether or not she is single, more like a comment. I am thinking I should say something before I miss my chance. Should I even try to talk to BB if I didn't get a reply back from AA? Thank you,

Signed,
L. Mike

Dear L. Mike,

You sent this letter a while back, so for all I know you and BB are married at this point, in which case congratulations. Or perhaps you're in jail for stalking her, in which case, I must apologize for not getting back to you sooner.

Approaching a love object is always tricky, but never more so than when it's on social media. You'd think things in print would be crystal clear, but the lack of facial expressions, tone and delivery can lead to disaster. I regret to say, and find it astonishing, that my own writing in emails, text messages, and indeed in this very column, is sometimes met with outright hostility.

We can't make anyone love us if we're not their cup of tea. All we can do is stick our necks out and risk humiliating rejection.

C'est la vie, not to mention chacun à son goût. My point is we can't make anyone love us if we're not their cup of tea. All we can do is stick our necks out and risk humiliating rejection in the hope of being understood and perhaps even loved.

This is not to suggest you pester BB on FB until she falls in love with you or calls the police. You must finesse your way in so as not to startle the creature, and leave her plenty of room to gracefully withdraw if she chooses to resist your advances.

If you have been introduced IRL, and you are not yet FB friends, you should immediately send a friend request. If she accepts, you may send a friendly message, and "like" (but not aggressively "love") her posts. It's also allowable to invite her to events you suspect (from her FB activities) she'd be interested in. Even better is an event where you and she might be surrounded by mutual friends — no stranger danger for her, and lots of buddies to attest to how awesome you are.

If she's interested, she will make something happen. If she's not interested (and remember, for all you know, she's in a relationship or otherwise unavailable), you will soon find out when she ignores you or AA calls to tell you that BB has blocked you.

Yeah, it'll hurt. But clarification is always a good thing. And at least you will be able to move on knowing you behaved like a gentleman.

Need advice?
Email Ellen:
scene@metronews.ca

ROSEMARY WESTWOOD

The new wave of advice columnists wants you to be happy, not obedient

Pop-culture science today is concerned with nothing so much as our feelings.

Avenues to the "good life" are proffered in endless studies on emotions and self-perceptions. Are you happy? Too stressed? Mentally centred? The whole spectrum of the contemporary, Western life is funnelled through this idea of how you feel.

And in this era of feelings, we're witnessing a new dominance of the advice column. Hugely popular, it's an old form of newspaper column newly tailored, if not tailor-made, for the web.

The same voyeurism exists, that urge to witness another person's disastrous, dishevelled life. But where advice columns were once about social decorum, now they're more about personal destiny: As much what should you do as who do you want to be. Sometimes they aren't even about the nitty-gritty advice; they're winding and impassioned essays on the messy state of modern humanness. And that's often the case with Heather Havrilesky.

Havrilesky writes the Ask Polly column for New York Magazine and has a new book of mostly new essays: How to be a Person in the World: Ask Polly's Guide Through the Paradoxes of Modern Life.

On Twitter, hers is a voice of inspiration tinged with the sardonic, a la this quip: "Never let anyone tell you your search for happiness is self-indulgent. You can't do a goddamn thing for anyone when you're depressed."

In person, Havrilesky speaks in the same meandering, quotable style of her column — starting in one place, taking a series of side trips and explanatory footnotes before arriving at some core insight about how we treat ourselves and each other.

"I think I've almost been studying happiness for the last for years, in a weird way," she told me during an interview for my podcast, Nth Wave. "The column gave me the opportunity to use the struggles that I had, to reframe my own experiences. I would take each letter and find some doorway into the other person's experience through my own."

Havrilesky rejects demographic tags, like millennial or soccer mom, which herd us "into this place of half-seeing." In length and tone, her work is expansive. She aims to connect people to their feelings and their compassion for themselves, "thereby connecting them to humankind at large." Humans are full of potential, she says. You only have to talk to them to find their "pocket of brilliance."

Aside from the wit and quirk and sharp edges, her advice is worth reading especially for this: To be reminded that someone in the world thinks so highly of us all.

Listen to 'Nth Wave,' Rosie's podcast on women & media, at metronews.ca/podcasts

metro
Your essential daily news

CHIEF OPERATING OFFICER, PRINT
Sandy MacLeod

VICE PRESIDENT & EDITOR
Cathrin Bradbury

EXECUTIVE VICE PRESIDENT, REGIONAL SALES
Steve Shrout

MANAGING EDITOR OTTAWA
Steve Rennie

ADVERTISER INQUIRIES
adinfoottawa@metronews.ca
General phone 613-236-5058

FREE TO SHARE

PHILOSOPHER CAT
by Jason Logan

Philosopher cat now at www.mymetrostore.ca

metro LIFE

Your essential daily news

Star Trek Beyond soars to top of box office with $59M in ticket sales over the weekend

Changing up the name game

TRENDS

Modern couples buck tradition when it comes to last names

Megan Haynes
For Metro Canada

By the time she married, Manitoba-based Crista Gladstone, 31, had a developed career as a socio-economic analyst under her maiden name. And her husband, Brody, 30, didn't want her to give up that recognition just to take on his last name, Semchuk.

But when their daughter, now two, arrived they faced a dilemma — what last name will she get? Gladstone and Semchuk were both ruled out and neither favoured hyphenation. The pair decided to blend both to create Semstone. Now the family has three different last names.

She's part of a small movement of families bucking the trend of adopting the husband's last name in favour of gender-equal alternatives, because in this post-feminism era why should the man's surname be the default?

Crista Gladstone and Brody Semchuk decided to blend their surnames into Semstone when it was time to name their first child. CONTRIBUTED

> Boys are brought up to assume their name is going to be with them from birth till death.
>
> Linguist scholar Donna Lillian

In today's "modern family" world, it's more accepted than ever that a woman might have a different last name than her husband, says Donna Lillian, a linguist scholar at the North Carolina-based Appalachian State University and president of the Canadian Society for the Study of Names.

But dig deeper and a status quo and stigma still persist: In Canada, eight in 10 women take their husband's last name, either at marriage or when kids are born, according to a 2016 survey commissioned by I Am A Mrs, a company that helps women change their surnames.

One U.S. study found 10 per cent of people believe women who keep their maiden names aren't as committed to their families, while 50 per cent think women should be legally required to adopt her husband's surname. Through her research Lillian also found once the topic of children comes up, there is near universal assumption they will take the father's name.

And forget about asking a guy to change his name. "Boys are brought up to assume their name is going to be with them from birth till death," says Lillian. "It's an inseparable part of their identity. Whereas girls are raised to assume their birth surname is something they borrow."

But it's 2016 and people like Gladstone don't think that was OK. She didn't give her daughters a different name as a political statement, but rather a way to equally honour both parents in the union.

And while she's in the minority, alternatives are more common than people may realize.

Children of divorce often have different names than their parents (which doesn't make them any less of a family), while recent immigrants sometimes change adopt more Anglicized-sounding monikers, says Diane Dechief, a lecturer at McGill who specializes in immigrant's names.

And in the LGBTQ community, it isn't uncommon for couples to explore alternatives. It's about finding solutions that work for everybody.

London-based John Laridon, 34, for example, paired his last name (Harrison, itself a blend of his parents' two last names; Anderson, his mom, and Hresewicz, his dad) and his husband's name (Lalonde) to create one that reflected both parties.

And in his case, it definitely doesn't detract from his familial ties. "We like the unity and beginning of something new together," he says. And in the end, isn't that what starting a family is all about?

ALTERNATIVES

What's in a name?
Couples aren't relying on tradition to dictate their names. Here are some alternatives that people are exploring:

Leave it to chance:
Some couples use the gender of their child to decide on a family name. If it's a girl, then the mom's name is passed down, if it's a boy, the dad's name is.

Combine two names:
Like Gladstone and Laridon, couples can blend their names to create an entirely new unit.

Hyphenate:
This route gets a lot of flak, but it's a common way for both parties to maintain their identities.

John, left, and Christopher combined their last names to became the Laridons after getting married in 2011. CONTRIBUTED

Use something different, but meaningful:
Lillian, for example, took her maternal grandmother's first name, while others could take a family surname that might otherwise be wiped out of existence.

MEGAN HAYNES/METRO

JOHANNA SCHNELLER WHAT I'M WATCHING

Stranger Things lets you escape to the '80s

THE SHOW: Stranger Things, Season 1, Episode 5
THE MOMENT: Embedded '80s references

Brainy high schooler Nancy (Natalia Dyer) is acting skittish. She doesn't want to tell her cool new boyfriend Steve (Joe Keery) that she's going to the woods to search for the monster that's making kids disappear.

"Why don't we catch a movie tonight?" Steve asks. "Pretend everything is normal for a few hours. All the Right Moves is still playing. With your lover boy, from Risky Business?"

"Yeah, I know," Karen says.

"Carol thinks I look like him," Steve says. He starts to croon the Bob Seger song that Tom Cruise dances to in Risky Business.

"I should go," Nancy says, edging away.

This (fun!) series is set in the 1980s so naturally, period references abound. The three sweet, nerdy kids at the centre of the mystery communicate with walkie-talkies, play Dungeons and Dragons, and reference Carl Sagan. Their missing friend loves the Clash.

What's more fun is spotting '80s references embedded in the show's structure: The opening credits' typeface evokes Charlie's Angels circa 1981. Shots of the kids pedalling their bikes are carbon copies of 1982's E.T.

Nancy looks like Mia Sara from Ferris Bueller's Day Off (1986); Steve's haircut is lifted directly from Cruise's 1983 head; and the synth-heavy soundtrack sounds like Risky Business. Most fun, the two leads are 1980s icons, Matthew Modine and Winona Ryder, who play an evil scientist and a desperate mom. Even the show's creators, the Duffer brothers (twins Matt and Ross), are period: they were born in 1984.

Johanna Schneller is a media connoisseur who zeroes in on pop-culture moments. She appears Monday through Thursday.

Nancy, left, looks like Mia Sara from Ferris Bueller's Day Off and Steve has Tom Cruise's haircut, circa 1983. CONTRIBUTED

The big reveals at Comic-Con

San Diego Comic-Con has become a go-to destination for Hollywood to celebrate — and promote — its most established entertainment properties to the more than 160,000 fans in attendance. Here are some of the highlights from a weekend filled with thrills and what fans can look forward to in the upcoming years.

THE ASSOCIATED PRESS

Star Trek show teased

The next chapter of the Star Trek franchise will be called **Star Trek: Discovery**. The title and footage of the starship Discovery were teased at the end of a Comic-Con panel Saturday celebrating the series' 50th anniversary. Discovery executive producer Bryan Fuller said the show coming to the CBS All Access streaming video service will draw upon the optimistic tone established by Trek creator Gene Roddenberry. "We have to celebrate a progression of our species," Fuller told 6,500 fans. "Right now, we need a little help." The teaser featured close-ups of a Starfleet vessel called the U.S.S. Discovery moving out of a docking station in an asteroid.

Guardians at Disneyland, Spider-Man in school

Marvel Studios chief Kevin Feige announced Saturday at Comic-Con that a **Guardians of the Galaxy** ride, Mission Breakout, is in the works. It will take over what is currently the Tower of Terror at Disneyland starting next summer in conjunction with the release of the sequel. Stars Chris Pratt, Zoe Saldana, and Dave Bautista attended the annual fan convention with director James Gunn to tease new footage focusing heavily on the Baby Groot character in addition to a new trailer. The trailer confirmed Kurt Russell's previously hush-hush role: Star Lord's father. Pratt, reprising his role as Star Lord, said the film picks up a few months after the first left off.

Spider-Man: Homecoming is just 10 days into its shoot, but audiences at Comic-Con have already seen a first look at the film. Marvel Studios unveiled initial footage from the film Saturday evening, showing star Tom Holland as Peter Parker in the latest big screen reboot of the web-slinger. Director Jon Watts said Homecoming is simply a high school movie. Moderator Chris Hardwick added that it has some John Hughes vibes to it. Spider-Man: Homecoming swings into theatres on July 7, 2017.

Brie Larson is Captain Marvel

Oscar winner Brie Larson has a new title to add to her resume: Superhero. Disney and Marvel announced Saturday at Comic-Con that Larson will star in **Captain Marvel** as the butt-kicking air force pilot Carol Danvers. Captain Marvel will be the first film in the Marvel Cinematic Universe to centre on a female character. The film is set for release in March 2019. Guardians of the Galaxy writer Nicole Perlman and Inside Out's Meg LeFauve are co-writing the screenplay. No director has been announced.

ROYAL CANADIAN
CIRCUS
UNDER THE BIG TOP
BRING THIS AD TO THE BIG TOP BOX OFFICE
BUY 2 FOR THE PRICE OF 1
MEDIA PARTNER: metro
ALL NEW SHOW
OTTAWA, August 12 - 14
R.C.G.T. PARK PARKING LOT • 300 Coventry Road
Spectac! 2016
SPECTACULAR MOMENTS ARE JUST A CLICK AWAY...
BUY 2 FOR THE PRICE OF 1
www.royalcanadiancircus.ca
DISCOUNT TICKETS WITH PROMO CODE: METRO
OR AT: OTTAWA CHAMPIONS - BOX OFFICE
NOTICE - DUE TO FACTORS BEYOND THE CONTROL OF THE CIRCUS, ITS PRODUCER, PRESENTER AND SALES AGENTS; PERFORMERS AND ACTS IN THE SHOW MAY DIFFER FROM THOSE PORTRAYED OR REPRESENTED AND THEREFORE WE ASSUME NO LIABILITY FOR SUCH CHANGES.*
*Acts subject to change

YOU CAN DO THIS BUSINESS CONTINUITY PLANNER

Helping businesses to continue

WHY I LIKE MY JOB

Mike Luchia, 35 – Leader, Continuity & Risk Reduction at Calgary Emergency Management Agency

I basically fell into this field. My first related job was as a strategic crime analyst with the Calgary Police Service (CPS), and while it sounds unrelated, that was the job where I first realized the power of applying evidence to civic policy to make Calgary a great place to live.

My work with CPS involved reducing crime through analysis and application of findings. Business continuity really uses the same process: reducing business interruptions through analysis and ensuring critical operations have redundancy and single points of failure are minimized.

Currently, I lead a team of emergency management experts to reduce the impact and frequency of disasters in Calgary through evidence-based policy development, and by ensuring risk-sensitive disaster reduction principles are integrated into civic services.

I work for a corporation of 15,000 individuals spread across 31 business units, and in assisting them with the development of business continuity plans, I learn a tremendous amount about how a city is run. I also enjoy knowing I've helped a business continue during interruptions wrought by emergencies and disasters. It's one of the fields where you can so tangibly create resilience for a living, breathing city.

THE BASICS: Business Continuity Planner

$58,000

Average salary of an intermediate-level specialist. This can surge to upwards of **$120,000** annually following attainment of the master business continuity planner (MBCP) designation.

+8%

Projected rate of job growth over the next 8 years.

Data for this feature was provided by payscale.com, servicecanada.gc.ca, publicsafety.gc.ca and onetonline.org.

HOW TO START

Specialists in this field typically require a bachelor's degree in either emergency management, public administration, communications or business. However, since this is considered an emerging occupation, many planners come from various academic and professional backgrounds.

WHERE YOU CAN GO

Business continuity planners are commonly employed by government agencies, private companies and large organizations to implement strategies that effectively respond to business disruptions. The increased threat of natural disasters, communications failures, terrorism and hacker activity has encouraged many companies in public administration, transportation, warehousing, oil and gas, IT and wholesale trade to prepare for potential emergencies.

NEXT CAREER STEP

Skilled workers with relevant training in business analysis, risk evaluation and control, and employee training and development can apply for the associate business continuity professional designation with the Disaster Recovery Institute. The Business Continuity Institute also offers internationally recognized qualifications for professionals wishing to explore career opportunities involving extended or frequent travel.

Money lessons should start in the home

LEARNING

Don't assume others will teach your kids finance savvy

Gail Vaz-Oxlade
For Metro Canada

Everyone believes kids should learn about money: how it works and how to manage it. But loads of folks seem to think it's someone else's job.

Money lessons should be taught at school. Borrowing should be taught by lenders. Banking should be taught by, well, bankers. The federal government even appointed a task force to work on a national strategy for financial literacy.

I have to tell you, when the report came out over four years ago I was so NOT impressed I yawned.

Once again, everyone wanted to push the responsibility for teaching kids about money to someone else's plate. Don't even get me started on how ill-equipped schools are to do this.

But, no doubt, school boards spent thousands of dollars to design curriculum, forcing teachers to squeeze it into an already crowded curriculum. (BTW, do you think your kids have gotten smarter about money in the past four years?)

Kids can learn all about money management at school, but if they don't see it played out in the home they're going to think the lessons are irrelevant to their lives. ISTOCK

The best place for kids to learn about how money works — and the role it should play in their lives — is at home.

Since money is a hot topic, and most parents are scared to death to even broach the subject with their kids, let's look at another "life lesson" that is taught at school but learned at home.

When kids are introduced to the food pyramid at school, they learn all about which foods are healthiest, and how much of each kind of food they should include in their diets.

But telling kids to eat five to seven servings of fruits and veggies each day has little impact if, when they get home, mommy and daddy serve up a hot dog, bag of chips and tin of pop. Out the window goes the lesson just learned and kids come to know that the stuff they're taught at school is irrelevant to their lives.

And so it is with money. We can talk about how important it is to save until we're blue in the face, if our kids don't see us saving at home, they won't learn the lesson. And we can talk about becoming smart consumers, but if we whip out our credit cards every time something takes our fancy — or worse because our kids demand it — we're teaching them to embrace their Impulse Monkey.

Growing up in a financially sound home doesn't automatically translate into success for kids either. Kids don't learn about money by osmosis. They need to be taught the rules of good money management. They need lots of practice to incorporate those lessons into their lives. They need to be able to fail safely and adjust their thinking as they learn about how money works. And there's a lot to learn. So we should start early.

Want to teach your children to be financially successful? Want them to avoid living from paycheque to paycheque? Want them to steer clear of crippling student loans and credit card debt?

Time to take the reins of your child's financial education. And if you have to do some learning (and make some changes) to make this work for your children, is that really such a bad thing?

For more money advice, visit Gail's website at gailvazoxlade.com

COLLEGE DIPLOMAS IN HEALTH CARE!

- Fitness and Health Promotion
- Medical Office Assistant
- Medical Lab Technician
- Personal Support Worker
- Pharmacy Technician

CLASSES STARTING SOON

ALGONQUIN CAREERS ACADEMY
1830 Bank St, at Walkley station • 613-722-7811 • www.algonquinacademy.com

metro SPORTS

"I stand up here humbled and overwhelmed": Ken Griffey Jr. was inducted into the Baseball Hall of Fame on Sunday alongside Mike Pizza

No blanket Rio ban for Russia

OLYMPICS

IOC steps back from complete sanction in spite of WADA report

Olympic leaders stopped short Sunday of imposing a complete ban on Russia from the Rio de Janeiro Games, leaving individual global sports federations to decide which athletes should be cleared to compete.

The decision, announced after a three-hour meeting of the International Olympic Committee's executive board, came just 12 days before the Aug. 5 opening of the games.

"We had to balance the collective responsibility and the individual justice to which every human being and athlete is entitled to," IOC president Thomas Bach said.

The IOC rejected calls from the World Anti-Doping Agency and many other anti-doping bodies to exclude the entire Russian Olympic team following allegations of state-sponsored cheating.

Russia's track and field athletes have already been banned by the IAAF, the sport's governing body, a decision that was upheld Thursday by the Court of Arbitration for Sport, and was accepted by the IOC again on Sunday.

Calls for a complete ban on Russia intensified after Richard McLaren, a Canadian lawyer commissioned by WADA, issued a report Monday accusing Russia's sports ministry of overseeing a vast doping program of its Olympic athletes.

McLaren's investigation affirmed allegations of brazen manipulation of Russian urine samples at the 2014 Winter Games in Sochi, but also found that state-backed doping had involved 28 summer and winter sports from 2011 to 2015.

But the IOC board, meeting via teleconference, decided against the ultimate sanction, in line with Bach's recent statements stressing the need to take individual justice into account.

"An athlete should not suffer and should not be sanctioned for a system in which he was not implicated," Bach said after Sunday's meeting. Bach acknowledged the decision "might not please everybody."

Russian Olympic Committee president Alexander Zhukov presented his case to the IOC board at the beginning of Sunday's meeting, promising full co-operation with investigations and guaranteeing "a complete and comprehensive restructuring of the Russian anti-doping system."

> **This is not about expectations. This is about doing justice to clean athletes all over the world.**
> IOC president Thomas Bach

The IOC also rejected the application by Russian whistleblower Yulia Stepanova, the 800-metre runner and former doper who helped expose the doping scandal in her homeland, to compete under a neutral flag at the Games.

While deciding against an outright ban, the IOC said it was imposing tough eligibility conditions, including barring entry for the Rio Games of any Russian athlete who has ever been sanctioned for doping.

The IOC said it would accept the entry only of those Russian athletes who meet certain conditions set out for the 28 international federations to apply. THE ASSOCIATED PRESS

IOC president Thomas Bach FABRICE COFFRINI/AFP/GETTY IMAGES

GOLF

Vegas strikes it rich at Canadian Open

Jhonattan Vegas was glued to his phone.

The 29-year-old Venezuelan walked into the media conference centre set up at Glen Abbey Golf Club in Oakville, Ont., in the midst of a video call with his wife and baby daughter, then put the phone down briefly to answer questions from reporters about winning the RBC Canadian Open on Sunday. As soon as Vegas stepped off the stage he was back on the phone, speaking with his family in Spanish, celebrating his second PGA Tour win.

"I didn't have a chance to talk to them after I knew that I had won and it's special seeing them that happy, enjoying that moment as much as I am enjoying it right now," said Vegas. "It's just an incredible moment, just to share it with the family, with the wife, with the people you love and care about. It's great."

Vegas birdied the final three holes for an 8-under 64 and one-stroke victory. The 29-year-old Venezuelan began the day five strokes behind leader Brandt Snedeker, and four behind U.S. Open champion Dustin Johnson and Canadian amateur Jared du Toit.

He earned $1,062,000 US and a spot in the PGA Championship next week at Baltusrol in New Jersey and received a two-year tour exemption as well as a spot in the Masters next year.

Although Vegas's playoff win at the Bob Hope Classic in 2011 launched his PGA career, the Canadian Open victory was more special.

Venezuela's Jhonattan Vegas tips a Mountie's cap to victory after winning the RBC Canadian Open at Glen Abbey Sunday. FRANK GUNN/THE CANADIAN PRESS

1954

A Canadian hasn't won the national open since 1954, when Pat Fletcher accomplished the feat at Vancouver's Point Grey Golf Club.

"It definitely feels bigger, feels more exciting because I have a family to share this with," said Vegas. "Just to see my wife and my baby so excited, from watching me on TV, just the whole thing.

"It makes me happier and makes me definitely more excited and definitely gives me more energy obviously to keep playing hard to give it my best every single time."

Johnson, Martin Laird and Jon Rahm all finished 11 under for the tournament for a share of second place.

Du Toit finished tied for ninth at 9 under after a final round of 71.

Du Toit struggled to start Sunday's round with two early bogeys, but birdied 16 and 18 to finish two shots ahead of world No. 1 Jason Day.

After speaking to media Vegas asked to see the tournament's trophy again so he could show it to his family by phone and pose for photos. Even as he patiently waited for each picture to be taken he kept his phone — with his family still on the line — in his hand.

Vegas will represent Venezuela at the upcoming Rio Olympics. THE CANADIAN PRESS

TOUR DE FRANCE

Tour champ toasts France's resilience

After the beer and champagne celebrations, Chris Froome delivered a sobering and emotional message from the Tour de France winner's podium on the Champs-Elysees.

Ten days after the Bastille Day truck attack in Nice that killed 84 people, Froome — a Kenyan-born British rider who often trains on the French Riviera — reminded everyone what the Tour stands for.

"These events put sport into perspective but they also show why the values of sport are so important to free society," Froome said on Sunday after securing his third Tour title in four years. "We all love the Tour de France because it's unpredictable but we love the Tour more for what stays the same — the passion of the fans for every nation, the beauty of the French countryside and the bonds of friendship created through sport. These things will never change.

"Thanks for your kindness in these difficult times," Froome added, switching to French as he addressed the local fans. "You have the most beautiful race in the world. Vive le Tour, Vive la France." THE ASSOCIATED PRESS

Chris Froome GETTY IMAGES

IN BRIEF

Williams out of Rogers Cup

World No. 1 Serena Williams has pulled out of the Rogers Cup because of shoulder inflammation. The three-time Rogers Cup champion was seeded first in the hard-court tournament and was set to have a first-round bye. "Due to inflammation in my shoulder, I unfortunately must withdraw from the Rogers Cup," Williams said. "I was looking forward to competing in Montreal and I look forward to returning soon." THE ASSOCIATED PRESS

Bouchard commits to Rio

Eugenie Bouchard has confirmed that she will represent Canada at the Rio Olympics, putting to rest any doubts about the participation of the country's top-ranked women's tennis player.

The Montreal native announced her decision in advance of the Rogers Cup. Bouchard was named to the team by Tennis Canada, but said she would wait until "the last minute" to decide. THE ASSOCIATED PRESS

Jays ride out Happ's arm

MLB

Left-handed starter wins his seventh straight game

J.A. Happ came close to unravelling early in Toronto's 2-0 victory over the Seattle Mariners on Sunday.

A key strikeout of Nelson Cruz in the fourth inning turned things around, and the Blue Jays left-hander went on to earn his seventh straight win.

Happ began the fourth with a walk and a hit batsman before falling behind 2-0 to Cruz, who had racked up seven RBIs on a grand slam and three-run homer the previous day.

Two straight four-seam fastballs evened the count 2-2, another four-seamer got Cruz swinging on a 3-2 count, and Happ followed that with a second strikeout and pop up to end the inning.

"That's kind of my best pitch so I tried to use that and get ahead with that," Happ said of the pivotal at-bat. "When you're not hitting on your other stuff you have to rely on that."

Blue Jays shortstop Troy Tulowitzki tags out would-be Mariners base-stealer Mike Zunino on Sunday. FRED THORNHILL/THE CANADIAN PRESS

Happ (13-3) notched a career high in wins while walking four and striking out six through six innings of one-hit ball as the Blue Jays avoided a three-game sweep. He started the game with a 12-pitch first inning but started to show some trouble with command over the next three, walking the lead-off batter in each of the second, third and fourth innings before hitting Robinson Cano to set up the crucial Cruz at-bat.

"A couple big strikeouts and I think that set the tone, especially for him," said Josh Thole, who started his third straight game behind the plate in place of an injured Russell Martin. "I know his pitch count got up a little but that was the inning that got him right where he needed to be."

Edwin Encarnacion hit his 224th home run in a Blue Jays uniform in the fourth inning to pass Vernon Wells for third place on the franchise's all-time list and Thole scored the other run for Toronto (55-44) on a double play in the sixth.

Brett Cecil worked around a one-out walk for a scoreless seventh, Jason Grilli pitched a perfect eighth, and Roberto Osuna earned his 20th save with a clean ninth.

The dominant pitching performance was needed following a 14-5 loss to Seattle on Saturday that saw the bullpen surrender eight runs.

Wade Miley (6-8) allowed two runs on four hits and two walks while striking out four through six innings to shoulder the loss for the Mariners (50-48), who had won the first two games of the three-game weekend series at Rogers Centre.

THE CANADIAN PRESS

SUNDAY In Toronto

2	0
BLUE JAYS	MARINERS

FORMULA ONE

Hamilton snatches lead from Rosberg

Mercedes driver Lewis Hamilton won the Hungarian Grand Prix for a record fifth time on Sunday to take the championship lead from teammate Nico Rosberg, who finished second.

Lewis Hamilton GETTY IMAGES

Red Bull's Daniel Ricciardo was third, followed by Ferrari's Sebastian Vettel and Max Verstappen of Red Bull.

Hamilton now has five F1 victories this season for 192 points, with Rosberg on 186 and Ricciardo third with 115, one point clear of Ferrari's Kimi Raikkonen.

Rosberg won the first four races this year, while Hamilton has won five of the last six. Verstappen is the only non-Mercedes driver to win a race in 2016. THE ASSOCIATED PRESS

MLB IN BRIEF

Porcello improves to a perfect 10-0 for Red Sox

Rick Porcello became the first Boston pitcher in 55 years to open a season 10-0 in Fenway Park, and Hanley Ramirez and Travis Shaw both hit a three-run homer as the Red Sox beat the Minnesota Twins 8-7 Sunday to earn a split of a four-game series.

Porcello (13-2) allowed five runs with eight strikeouts in 6-2/3 innings. THE ASSOCIATED PRESS

Altuve leads charge as Astros blast Angels

Jose Altuve hit two of Houston's season-high five homers and had a career-high six RBIs to lead the Houston Astros to a 13-3 win on Sunday for a three-game sweep of the Los Angeles Angels.

Luis Valbuena, Preston Tucker and Evan Gattis also homered for the Astros, who have won their last 11 games against the Angels. THE ASSOCIATED PRESS

Rizzo rallies Cubs to win

Anthony Rizzo hit a three-run double in the seventh inning and the Chicago Cubs rallied from a four-run deficit to beat the Milwaukee Brewers 6-5 on Sunday. THE ASSOCIATED PRESS

White Sox starter Chris Sale sports a 14-3 record with 3.18 earned-run average this season. JONATHAN DANIEL/GETTY IMAGES

CHICAGO

Jersey snafu nets Sale suspension

The Chicago White Sox suspended ace Chris Sale five days without pay for destroying collared throwback uniforms the team was scheduled to wear.

The White Sox announced the punishment on Sunday after Sale was scratched from his scheduled start and sent home the previous night.

The suspension comes to $250,000 of his $9.15 million salary. He was also fined about $12,700 — the cost of the destroyed jerseys — according to a person familiar with the penalty. The person spoke on the condition of anonymity because no statements were authorized.

FanRag Sports first reported Sale was protesting the 1976-style jerseys, which were navy and sported unusual collars on a hot and humid night.

Sale then cut up an unknown number of jerseys before the game and was told to leave the stadium. With not enough usable 1976 jerseys available, the White Sox wore white throwback uniforms from the 1983 season.

Chicago defeated Detroit 4-3 on Saturday and followed that up Sunday with a 5-4 victory. THE ASSOCIATED PRESS

RECIPE Sweet Corn Tostada with Black Bean Spread

PHOTO: MAYA VISNYEI

Ceri Marsh & Laura Keogh
For Metro Canada

Summer's sweet corn has the starring role in this easy, meatless Monday dish.

Ready in
Prep time: 10 minutes
Cook time: 20 minutes
Makes: 4 servings

Ingredients
For the black bean spread:
- 1 can (14 oz) no salt added organic black beans, rinsed
- 1/4 cup extra virgin olive oil plus more for brushing
- 1/4 cup cilantro
- 1 clove garlic, sliced chopped cilantro plus 1/8 cup for garnish
- juice of one lime
- 1/4 tsp salt

For the tostadas:
- 8 corn tortillas
- 1 ear of corn of fresh corn or 1 cup frozen
- 2 cups shredded iceberg lettuce
- 3/4 cup grated Monterey jack cheese
- 1/4 cup sour cream

Directions

1. Preheat the oven to 425. Blend beans, oil, cilantro, garlic, lime juice and salt in a food processor, place. Place in a small bowl and set aside.

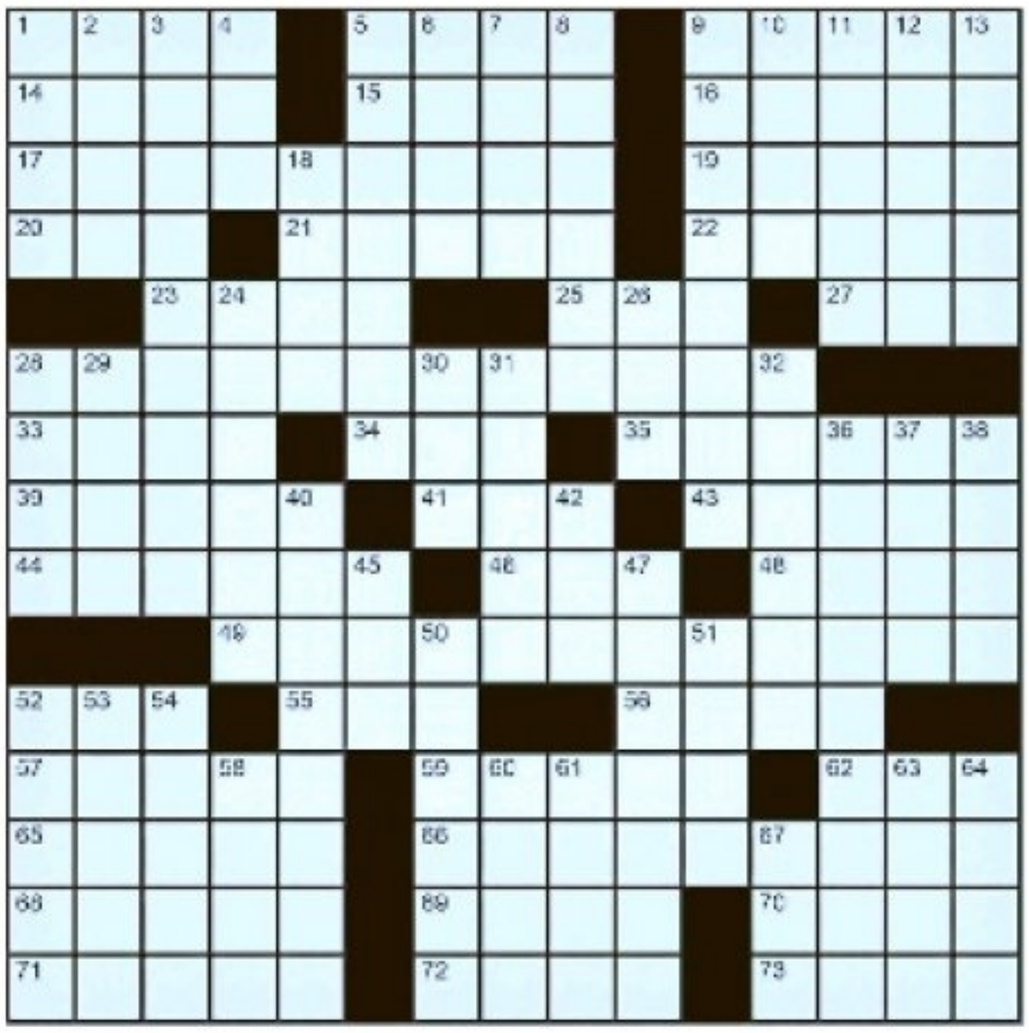
2. Boil corn until cooked. Remove from water and allow to cool before cutting kernals from ear. Place in a bowl and put aside. Place shredded lettuce, shaved cheese, chopped cilantro and sour cream in various small bowls.

3. Lightly brush each tortilla with olive oil and bake in the oven on a cookie sheet for about 7 minutes. Remove and serve immediately with the rest of the fixings.

FOR MORE MEAL IDEAS, VISIT SWEETPOTATOCHRONICLES.COM

CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN



ACROSS
1. _ Breton Island
5. Golf _
9. New Mexico's state flower
14. Particle
15. Man's title in Germany
16. Acrylic fabric
17. Augmented reality game app that's the Summer of 2016 craze: 2 wds.
19. Applying/employing
20. _ Cool (Green Day drummer)
21. William Shakespeare's mother Mary
22. Mountain chain
23. Viking operation
25. '_' _ for Calgary
27. 4 qts
28. Old Montreal street coverings
33. Baseball's Mr. Hershiser
34. Agnus _ (Mass prayer)
35. Warns to be watchful
39. _ _ dinner plates
41. Tunnel-blasting need
43. Plant life
44. Day-after-working-out complaint: 2 wds.
46. Muck
48. Pre-wedding party
49. Titanic embarked on its fateful one on April 10th, 1912: 2 wds.
52. Cul-de-_
55. Five Guys Named _ (Stage musical)
56. Family member
57. Like lips after collagen injections
59. Hair salon touchup sites
62. _ of the Covenant
65. Restrict
66. Prairie province person, perhaps
68. Dispatch boat
69. Sgt. Snorkel's comical dog
70. "One more thing..."
71. Carpentry joint part
72. Tuna: French
73. Didn't donate

DOWN
1. James T. Kirk's li'l title
2. 'Decor' suffix
3. Casino players feed the kitty with them: 2 wds.
4. Scot's uncle
5. Like the music for stringed instruments often
6. Loan
7. Advocate
8. Denver football player
9. Particular pronoun
10. _ Major
11. Stick, like dryer clothes
12. Miami Sound Machine tune
13. One of Charlie's '70s show trio
18. Put in the postal box
24. Flowering
26. _ _ pinch
28. Mozart opera, _ Fan Tutte
29. City near Provo, Utah
30. Adjust
31. Hint of hue
32. Generator system
36. Like wheels
37. Like some ancient Greek plays, briefly
38. _ advice
40. Quebec municipality that British rocker Peter just 'Comes Alive!' when thinking about it
42. Unit of weight [var. sp.]
45. ...vowel sequence...
47. Standing honour in the theatre
50. Mr. Mulroney of "The Wedding Date"
51. Banish
52. Impact sound in comics
53. Hit for Canadian singer Edwin
54. Curry powder ingredient
58. Fermented soybean paste
60. Pledge
61. Aware of the plot: 2 wds.
63. Carpentry tool
64. String snag
67. Hardwood flooring selection

IT'S ALL IN THE STARS Your daily horoscope by Francis Drake

Aries March 21 - April 20
Today your moods will change suddenly, making you feel impulsive. You have a strong freedom-seeking urge. Yowsers!

Taurus April 21 - May 21
This is a restless day for you. Perhaps you are planning a surprise for a family member or a special event for your home. Enjoy entertaining at home.

Gemini May 22 - June 21
This is a great day to schmooze with others; however, a friend or a casual acquaintance will surprise you in some way. A spontaneous get-together will be fun.

Cancer June 22 - July 23
Stay light on your toes today, because relations with bosses, parents and VIPs are unpredictable. Fortunately, something unexpected probably will please you.

Leo July 24 - Aug. 23
Unexpected opportunities to travel might fall into your lap today. Similarly, chances to get further training or to learn something new might miraculously appear.

Virgo Aug. 24 - Sept. 23
Keep your pockets open, because gifts, goodies and favors from others will come your way today. Someone might do a favor for you (not too shabby).

Libra Sept. 24 - Oct. 23
You might feel some emotional tension with a partner or close friend today, perhaps because someone wants more space or more freedom. A lot of people feel this way right now.

Scorpio Oct. 24 - Nov. 22
Your work routine will be different today. A co-worker might surprise you, or staff shortages and technological problems might occur. Keep a positive attitude.

Sagittarius Nov. 23 - Dec. 21
This is a mildly accident-prone day for your kids, so be vigilant. Know where they are at all times. Be careful about hazards. Meanwhile, an unexpected invitation will please you.

Capricorn Dec. 22 - Jan. 20
Real-estate negotiations plus family matters will please and surprise you today. Something favorable could occur, but it will be unexpected. To be safe, stock the fridge.

Aquarius Jan. 21 - Feb. 19
Today your mind will think outside of the box, which is why you are full of innovative, original ideas. Expect to meet new people and see new places.

Pisces
Feb. 20 - March 20
Trust your moneymaking ideas, because you're very clever today. However, impulse spending is likely. Forewarned is forearmed. Keep your receipts (and the box) just in case.

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9

1	2				9			
3		8		2				
	6		4			3		
		4		9				5
	9		2	5	3		7	
6				7		9		
		3			5		9	
				8		4		3
			6				1	7

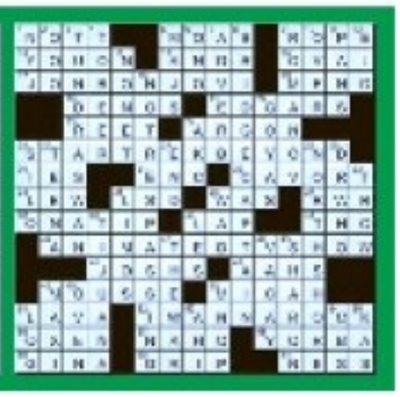
©2014 Conceptis Puzzles, Dist. by King Features Syndicate, Inc.

YESTERDAY'S ANSWERS

Your daily crossword and Sudoku answers from the play page.

for more fun and games go to metronews.ca/games

4	7	6	9	2	1	3	5	8
9	2	5	7	3	8	4	1	6
3	8	1	4	6	5	9	7	2
8	6	7	1	9	3	5	2	4
1	9	4	5	7	2	8	6	3
2	5	3	6	8	4	1	9	7
6	3	2	8	5	9	7	4	1
5	1	8	2	4	7	6	3	9
7	4	9	3	1	6	2	8	5



CHARGED WITH IMPAIRED DRIVING?
X COPPER
NEW Location: 1901 Bank Street
www.xcopper.com